

# Anger

## Sunday

Read James 1:19-20

What should you do before getting angry? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Monday

Read 1 Corinthians 13:4-5

What should come before anger? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Tuesday

Read Genesis 4:3-8

What was the result of Cains anger? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Wednesday

Read Proverbs 22:24-25

Is it good to be friends with someone who is always angry? Why or why not? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Thursday

Read Galatians 5:19-21

What is God saying in these verses? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Friday

Read Galatians 5:22-25

How can you overcome anger? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Saturday

Read Ephesians 4:26

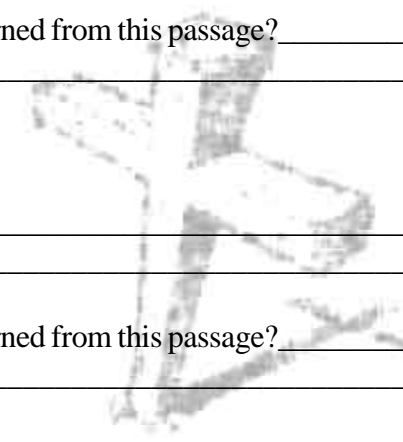
What is God saying in this verse? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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Anger





# Fear

## Sunday

Read Romans 8:15

What is this verse saying to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Monday

Read Hebrews 13:5-6

God will never what? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Tuesday

Read Psalm 56:10-11

What should you do in orde to not be afraid? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Wednesday

Read Matthew 10:28

What does this verse say to you ? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Thursday

Read 1 John 4:18

What drives out fear? How? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Friday

Read Psalm 27:1

What does this verse say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Saturday

Read 2 Timothy 1:7

What kind of spirit does God give us? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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# Gossip

## Sunday

Read John 8:44

Who is the father of lies? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Monday

Read Proverbs 11:11-13

What does a trustworthy man do? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Tuesday

Read Proverbs 17:27-28

How should we use our words? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Wednesday

Read James 3:1-12

What does these verses say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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Gossip

## Thursday

Read Proverbs 29:19

Who should you avoid? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Friday

Read Proverbs 12:18

What does this verse say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Saturday

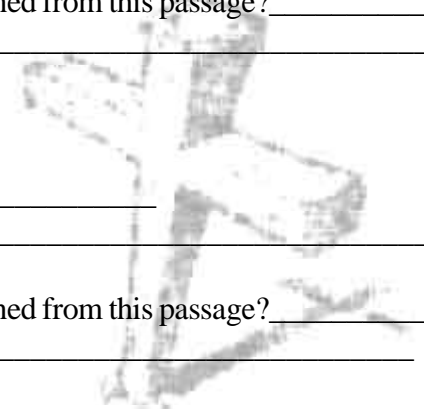
Read Proverbs 26:20

What does this verse say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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# Prayer

## Sunday

Read 1 Peter 5:6-7

What should you do when you worry? Why? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Monday

Read Philippians 4:6-7

How will pray help you each day? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Tuesday

Read 1 Thessalonians 5:17-18

What is God's will for you in this verse? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Wednesday

Read James 5:17-18

Who's example should we follow and why? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Thursday

Read Proverbs 3:5-6

What does this verse say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Friday

Read Jeremiah 29:12-13

We should also pray for what? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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## Saturday

Read Matthew 11:28-30

What does this verse say to you? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Trust**

**Sunday**

Read Jeremiah 32:17, 26-27

What is God saying in these verse? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Monday**

Read Matthew 14:22-31

What happened to Peter when he did not trust Jesus? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Tuesday**

Read Matthew 8:23-27

What happened to the disciples and did they trust Jesus? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Wednesday**

Read Psalm 139:1-11

Does God know us? Why and How? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Thursday**

Read Matthew 6:25-34

How much more important are you to God? Why? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Friday**

Read Isaiah 26:3-4

Trust in Jesus brings you what? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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**Saturday**

Read Psalm Isaiah 49:14-16

Based on these verses, do you feel you need to trust Jesus more? \_\_\_\_\_

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In your own words, what have you learned from this passage? \_\_\_\_\_

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